

The Health Literacy Project

A project delivered by Refugee and Multicultural Health Service, funded by Brisbane South PHN

Overview

Refugee Health Consultants in South Brisbane and Logan offer community workshops about navigating the Health System in Queensland to multicultural communities delivered in language or with an interpreter.

What we offer

Workshops about how to navigate the health system, tailored to the needs of multicultural communities in multiple languages.

[Watch a video about the project](#)



Topics covered

- What to do when you are sick
- Asking for an interpreter
- Seeing a Doctor and Specialist
- Medicare and Health Care Cards
- Medicines
- Vaccinations
- Health Checks
- Mental Wellbeing
- Oral Health
- Services and referrals

Resources

Translated resources can be provided to community members such as the 'Healthcare in Queensland' guide.

- [Arabic](#)
- [Burmese](#)
- [Dari](#)
- [English](#)
- [Farsi](#)
- [Somali](#)
- [Swahili](#)
- [Samoan](#)
- [Tigrinya](#)
- [Tok Pisin](#)

For more information or to book a workshop: Deka.ahmed@mater.org.au