

LGBTIQ+ Community Services and Resource Directory

A resource developed by Multicultural Australia, Open Doors Youth Service, True Relationships and Reproductive Health, and the Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT)

Current as of 6/12/2021; Multicultural Communities page updated 30/1/2023

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Multicultural Communities

Third Queer Culture

Peer support group for LGBTIQ+ people from diverse refugee and asylum seeker backgrounds (supported by Pride Australia and QPASTT).

Contact thirdqueerculture@gmail.com

Multicultural Pride

Social group for young (12-24 year old) CALD LGBTIQ+ people on the 4th Thursday of every month run by Multicultural Australia and Open Doors Youth Service.

Contact Hayleyr@multiculturalaustralia.org.au and Sneha.narayan@opendoors.net.au

Rainbow Hub

Peer support group for international students Brisbane & Gold Coast.

www.facebook.com/QLDrainbowhub

Australian GLBTIQ Multicultural Council (AGMC) provides advocacy, research, education and community events for multicultural and multifaith LGBTIQ communities. AGMC works alongside government agencies, LGBTIQ organisations and multicultural and multifaith communities. [Facebook](#), website www.agmc.org.au or email contact@agmc.org.au

Forcibly Displaced People Network

FDPN is established to promote human rights and inclusion of LGBTIQ+ persons in forced displacement through peer support and strengthening services and policy responses.

Information and resources <https://fdpn.org.au>

LGBTIQ+ refugee-led groups around Australia: <https://fdpn.org.au/support-for-lgbtqi-refugees>

Many Coloured Sky

Supporting LGBTQI refugees, people seeking asylum, and internally displaced people in Australia (mostly Victoria) and internationally. Inclusive multilingual resources and posters on website: www.manycolouredsky.org

Intersect

Information and resources for and to support LGBTIQ people from multicultural and faith based communities in Victoria. Great resources and learning modules on website

www.lgbtiqintersect.org.au

Ethnic LGBT+ is a website intended to provide people with the resources to help them navigate the specific challenges they may face in coming out to their families <http://ethniclgbt.com/>

Health

<p>LGBTIQ+ Health Australia</p>	<p>National peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on LGBTIQ+ people and communities.</p>	<p>02 7209 6301</p>	<p>https://lgbtihealth.org.au</p>
<p>Queensland Council for LGBTI Health (QC, formerly QuAC)</p>	<p>A not-for-profit, community based organisation which promotes the health and wellbeing of LGBTI Sistergirl and Brotherboy Queenslanders. Training, support, information, social connection and events across Queensland.</p>	<p>(07) 3017 1777 1800 177 434 (outside Brisbane) 30 Helen Street Teneriffe, 4005</p>	<p>www.qc.org.au Facebook email info@quac.org.au</p>
<p>QCGP</p>	<p>QCGP+ Clinical Services Nurses and doctors offer peer based confidential consultations and provide an inclusive, non-judgemental, comprehensive HIV testing, STI testing and treatment, mental health care plans, and other relevant medical services to LGBTI people. Sexual health services available for 16+ (bulk billed with Medicare card) Mental health services are bulk billed with a mental health care plan 16+</p>	<p>(07) 3017 1777 30 Helen St, Teneriffe Clinic Hours Monday-Friday 9am to 5pm</p>	<p>www.qc.org.au/qcgp</p>
<p>Stonewall Medical Centre</p>	<p>Bulk bills concession card holders (or case by case basis). LGBTQIA specialists and gender-affirming services for trans people.</p>	<p>3857 1222 52 52 Newmarket Rd, Windsor</p>	<p>www.stonewall.com.au</p>

	<p>Drug and alcohol support group for LGBTQIA community (GLADS) – Wednesday 7.30pm (would need to confirm on case by case basis if appropriate for under 18s).</p> <p>Counselling (mental health plan – bulk bill with concession card).</p>		
Queensland Positive People	<p>Peer-based advocacy for people living with HIV in QLD. Provide peer support, assistance for newly-diagnosed people, treatment support, education regarding HIV prevention, and advocacy for those with barriers to treatment</p>	(07) 3013 5555	https://qpp.org.au
Caboolture Community Health Centre/ Redcliffe Community Health Centre/ Biala (Brisbane City)/ Princess Alexandra Sexual Health	<p>Free, confidential testing and treatment for STIS and HIV management including PREP and PEP (Queensland Health Services).</p> <p>By appointment only.</p>	(07) 3837 5611	https://metronorth.health.qld.gov.au/hospitals-services/sexual-health-hiv-services
Gladstone Road Medical Centre	<p>Bulk bills some appointments, may not bulk bill appointments regarding affirming gender</p> <ul style="list-style-type: none"> - No minimum age for patients or for sexual health services - Sex worker friendly & LGBTQIA specialist 	<p>3844 9599</p> <p>38 Gladstone Road, Highgate Hill</p>	www.grmc.com.au
True Relationships and Reproductive Health	<p>Inclusive reproductive and sexual health clinical services across Queensland.</p> <p>For regional services see website or call Brisbane number.</p>	<p>07 3250 0200</p> <p>230 Lutwyche Rd, Windsor</p>	www.true.org.au

Mental Health

<p>QLIFE (also known as Diverse Voices in Queensland)</p>	<p>Peer-to-peer counselling support over phone or web chat, as well as referral service.</p> <p>Provides free, anonymous peer support for LGBTIQ+ people across Australia wanting to talk about their identity, sexuality, gender, bodies, feelings, relationships, coming out or other topics relating to LGBTIQ+ communities.</p>	<p>1800 184 527</p> <p>3pm-12am, 7 days a week.</p>	<p>https://qlife.org.au (resources and webchat)</p>
<p>Headspace</p>	<p>Support for young people, including LGBTIQ+ inclusive mental health, sexual health, and alcohol and other drugs support.</p> <p>Many branches have a LGBTIQ+ group</p>	<p>1800 650 890</p>	<p>https://headspace.org.au</p>
<p>Transcendence (Relationships Australia)</p>	<p>Social and emotional support group run monthly in Brisbane (Spring Hill) and on the Gold Coast and Sunshine Coast.</p> <p>Held between 6-8pm once a month at each location.</p>	<p>1300 364 277</p>	<p>www.raq.org.au/services/rainbow-program</p>
<p>Rainbow Counselling Service (Relationships Australia)</p>	<p>Counselling support for LGBTIQ+ people, as well as family and friends.</p> <p>Fees: \$75/hour (standard), \$35 (concession) – both negotiable depending on circumstance, no mental health plan required. Call to book.</p> <ul style="list-style-type: none"> - 16+ - Individual and family/relationship counselling available 	<p>1300 364 277</p>	<p>www.raq.org.au/services/rainbow-counselling-service</p>
<p>Interlink</p>	<p>InterLink, a world-first-of-its-kind intersex psychosocial support program currently being piloted by QC in partnership with IPSA, with support</p>	<p>Bonnie Hart: InterLink Coordinator</p>	<p>www.facebook.com/pg/intersexpeersupport bhart@quac.org.au</p>

	<p>from Queensland Health – Clinical Excellence Division.</p> <p>Will include mental health workers and peer workers with lived experience of having an intersex variation or being the parent/guardian of a child with an intersex variation.</p>		
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Trans Health

<p>Trans Health (QC)</p>	<p>Provides support for Queensland’s transgender and gender non-conforming, intersex and non-binary communities. Dedicated Transgender Health Promotion & Community Development Officer</p>	<p>07 3017 1701</p>	<p>dbarrett@quac.org.au</p>
<p>Queensland Children’s Gender Service</p>	<p>Gender clinic for Queensland children under 18 years old at the Children’s hospital.</p> <p>Medical specialists: child and adolescent psychiatrists and paediatric endocrinologists</p> <p>Allied health and nursing mental health practitioners</p> <p>Consultation and liaison with broader support systems, e.g. G.P., schools or other health providers</p> <p>GP Referral necessary - bulk billed.</p>	<p>3069 7377</p> <p>Medical (6D) Queensland Children’s Hospital Level 6 501 Stanley Street, South Brisbane</p>	<p>Email CHQ-Gender@health.qld.gov.au www.childrens.health.qld.gov.au/service-gender-clinic</p>

Metro North Gender Services	<p>Diagnosis and assessment of adults with gender dysphoria or gender non-conforming behaviour or identity, speech pathology therapy, and limited support form Department of Social Work and Psychology for patients with social adjustments related to gender dysphoria.</p> <p>A GP referral including previous assessments by psychiatrist or clinical psychologist are required.</p>	<p>(07) 3647-0701</p> <p>Royal Brisbane and Women's Hospital, Herston</p>	<p>https://metronorth.health.qld.gov.au/specialist_service/refer-your-patient/gender-services</p>
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For up to date Trans health care referral pathways including GPs and specialists please contact Open Doors or QC

Youth

Open Doors Youth Service (age 12-24)	<p>Groups/Drop in spaces - Open Doors likes young people to come in for an intake interview before attending drop in space.</p> <ul style="list-style-type: none"> • Reconnect service (LGBTQ young people 12-18 who are homeless or at risk of homelessness). Including drop-in group program. • Jellybeans: For Gender Non-conforming / Trans Fender & Non Binary young people. Includes case management and group program. • Young and Proud: LGBTQ young people aged 18-24. Includes case management and group program. <p>Other services/support:</p>	<p>07 3257 7660</p> <p>5 Green Square Cl (Enter via Constance Street) Fortitude Valley</p> <p>Mon – Fri 9am – 5pm</p>	<p>www.opendoors.net.au</p>
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	<ul style="list-style-type: none"> • One on one case management support • Alcohol & drug support: one on one and group support to young people who are between the ages of 12-24 years who live-in South-East Queensland. • Parent Support group 		
Youth Beyond Blue	Provides information and support to all young Australians who may be struggling with anxiety, depression or thoughts of self-harm.	1300 22 4636	www.youthbeyondblue.com/understand-what's-going-on/lgbti-communities
Headspace	Support for young people, including LGBTIQ+ inclusive mental health, sexual health, and AOD support. Many branches have a LGBTIQ+ support group.	1800 650 890	https://headspace.org.au
True Colours	Run by PCYC Queensland in partnership with Headspace, True Colours is a life skills program for any young people within the LGBTI community. Ages 13-21.	Meadowbrook – Rochelle Lewis 0409 428 750 Nundah or Woolloongabba – Emma 0424 132 874	

QSpace + QPlus	<p>Individual case management support and a weekly group program (QSpace for 12-17 years old, and QPlus for 18-25 years old) on the Gold Coast</p> <p>Age 12 – 17 drop in space: weekly on a Wednesday 3.30pm – 6.30pm Age 18 – 25 drop in space: first Thursday of month, 5.30pm – 8pm</p>	<p>QSpace - Rachel 0437 013 710 or rrive@wmq.org.au</p> <p>161 Scarborough St, Southport</p> <p>QPlus - Tobi 0427 476 806 or tleggans@wmq.org.au</p>	<p>http://qspace.net.au/</p>
Multicultural Pride (Multicultural Australia)	<p>See above</p>	<p>See above</p>	

Family

SPOT (Support for Partners of Trans People)	<p>SPOT is a positive, supportive and safe place for the Partners of Transgender people where they can come and share their experiences, their fears, their hopes and be surrounded by like minded people in similar situations.</p>	<p>www.facebook.com/groups/SPOTQld/</p>
PFLAG+ Brisbane	<p>Peer support group for parents and carers with LGBTQIA+ children. Advocacy, support, information and education. PFLAG+ is international with many groups available across Australia.</p>	<p>www.pflagbrisbane.org.au</p> <p>Facebook or website submission</p>

Rainbow Families QLD	Provides support, advocacy, resources and social events for LGBTQIAP families in Queensland. Includes playgroups.	www.rainbowfamiliesqld.com.au/ Connect on Facebook , or email rainbow.families.qld@outlook.com
Parents of Gender Diverse Children	Peer support for people parenting trans and gender diverse children through individual catch-ups and monthly group meetings.	www.pgdc.org.au

Education / School

True Relationships and Reproductive Health	True works to develop and maintain educational environments that are safe and inclusive LGBTIQ+ people within school communities. True has flexible learning options, including phone support, virtual meetings, professional development options, and interactive online webinars. Safe Space resources.	diversity@true.org.au Support phone line (during school terms): (07) 3250 0202 <ul style="list-style-type: none"> • Mondays 11:00am - 2:00pm • Wednesdays 1:00pm – 4:00pm 	www.true.org.au/Pages/Category/gender-sexuality-diversity
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Legal and Safety

LGBTI Legal Service	Free and confidential legal advice for LGBTIQ+ Queensland residents. Please contact Client Services if you would	3124 7160 / 0401 936 232 Teneriffe or by phone. Wednesday evening from 6.00 pm.	https://lgbtilegalservice.org.au
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	like to make an appointment.		
Queensland Police Service LGBTI Liaison Program	Provides a non-discriminatory, accessible policing service to members of the LGBTI communities. LGBTI Liaison Offers are located throughout Queensland.	To speak to one, please advise the officer taking your complaint or contact PoliceLink on 131 444, who will identify a liaison officer in your region.	www.police.qld.gov.au/police-and-the-community/lgbti-communities
Gay and Lesbian Immigration Task Force, Brisbane	Immigration information and assistance for citizens wanting to bring their same-sex partner to Australia.	07 3367 0731	
Queensland Human Rights Commission	handle complaints and provide training on discrimination, vilification, victimisation and sexual harassment under the Queensland Anti-Discrimination Act 1991. This includes supporting the rights of <u>LGBTIQ+ people</u> .	1300 130 670	www.qhrc.qld.gov.au/your-rights/for-lgbtiq-people
Justice Connect	Legal assistance: <ul style="list-style-type: none"> • Helps migrants, refugees and asylum seekers to navigate the legal system, • Stage 2 hormone treatment (help young trans people affirm their gender identity through legal pathways) • Resources 		Online: <ul style="list-style-type: none"> https://justiceconnect.org.au/contact-us/ https://justiceconnect.org.au/

Social and Peer Support

Queer and LGBTI friendly accommodation Facebook group	For LGBTIQ people to find and share safe and suitable accommodation in Queensland		www.facebook.com/groups/LGBTIAccommodationQld
Intersex Peer Support Australia (IPSA)	Peer-led, intersex peer support, education, information and advocacy group for people with variations in sex characteristics and their families.	0478 537 739	Facebook , email info@isupport.org.au https://isupport.org.au
Tom Social	Tom Social is a Brisbane based social group designed for gay guys who want to meet new friends and try new experiences. NB – Small Fee for joining		https://tomsocial.com.au
Meet up	Pages cover a whole range of activities		www.meetup.com/en-AU/cities/au/brisbane/lgbtq
Brisbane Pride Choir	A choir of LGBTIQ+ people who come together to sing, and perform for the Brisbane community.	blgpridechoir@gmail.com	www.brisbanepride.harmony site.com/
Australian Transgender Support Association (ATSAQ)	Support and resources. Monthly lunches and get togethers.	3843 5024 8am-6pm Monday to Friday	https://atsaq.org.au Facebook , or email info@atsaq.org.au

Many Genders One Voice	A volunteer based trans, gender diverse and non-binary health action, leadership, social and support group, coordinated by the Transgender Health Promotion and Community Development Officer from QC.	(07) 3017 1701	www.manygendersonevoice.org Facebook , email manygendersonevoiceqld@gmail.com or dbarrett@quac.org.au
Metropolitan Community Church	Welcoming and open church	0411 049 104	https://mccbrisbanechurch.org/
Saint Michaels and All Angels Church	Welcoming church	655 Brunswick St New Farm QLD 4005 Australia 07 3358 1555	https://stmichaelsnewfarm.org.au/
West End Uniting Church	Welcoming church	07 3844 3557 Located on the corner of Vulture and Sussex Streets, West End, Brisbane	weuchurch@gmail.com www.westendunitingchurch.org.au/
Australian Deaf LGBTIQ+ Community	Information, social events and networking in Australia relating to LGBTIQ+ topics.		www.facebook.com/groups/adgla/

Sports

Brisbane Tritons	Water Polo		https://www.brisbanetritons.org
Front runners	Running and Walking group		http://brisbanefrontrunners.org.au
Brisbane Hustlers	Rugby Union	0400 737 910	https://www.facebook.com/BrisbaneHustlers/
Aqualicious	Swimming (men)		http://www.aqualicious.com.au
Bushrangers	Basketball		https://www.bushrangersbasketball.com
Dance with me	Latin and Ballroom Dancing	0423 774 334	dancewithmebne@gmail.com
Team Brisbane Tennis	Tennis	Contact is via Facebook group only	www.facebook.com/groups/teambrisbanetennis
Outtrekkers	bush walking	0417 035 723	outtrekkers@hotmail.com

Regional (additional to above services that are state or national)

Toowoomba

Social Events

[*The Rainbow Table Toowoomba*](#)

A Bulletin Board for LGBTQIA Events

A [fortnightly meal](#) and chat for LGBTQIA+ adults at a Jilly's cafe, 181 Margaret St
Friday 7.00pm to 9.30pm

[A Golden Gay Time Youth Group](#)

Fortnightly Friday Group 3.30 to 6.00pm
at Emerge Youth Hub
1 Station St, Toowoomba CBD

[Parent and Carers Meet up](#)

First Wednesday of the month
Jilly's Cafe, 181 Margaret St, Toowoomba CBD.

[Toowoomba Rainbow Families](#)

For LGBTQI+ Parents and their kids. Also friendly to straight parents with LGBTQI+ kids.

[Glamour Events](#)

Regular Drag nights and Trivia Nights

Legal Services

Police LGBT Liaison Officer

Senior Constable Sophia Gonzalez
LGBTProgram.DarlingDowns@police.qld.gov.au
Ph. 07 4631 6333
161 Hume St, Toowoomba

Cairns

Cairns LGBT Alliance

www.facebook.com/CairnsLGBT/

YETI

Provides support to young people aged 12-25 years living in Far North Queensland, including case management, counselling, outreach and programs. This includes a social support group for LGBTQI+ young people called [SSAY-IT](#). For more information connect on [Facebook](#), [website submission](#) or phone 07 4051 4927.

www.facebook.com/SSAYITYouthGroup

[Cairns Sexual Health Service](#)

- Transgender care
- Wednesday morning fast track clinic (G Clinic) for Transgender, brotherboys, sistergirls, non-binary and gender diverse clients

Cairns North Community Health

07 4226 4769

381 Sheridan Street

Cairns North Qld 4870

www.cairns-hinterland.health.qld.gov.au/healthcare-services/sexual-health

Townsville

Townsville curious, bi & gay community

www.facebook.com/pages/category/Community/Townsville-curious-bi-gay-community-405952016149930/

Fulham counselling

A psychiatrist and clinical psychologist who have specialist experience and training in LGBTQ issues

www.fulhamconsulting.com.au/lgbtq

Townsville LGBTQ 30-40's Meetup Group

www.meetup.com/Townsville-LGBTQ-30-40s-Meetup/