



ASYLUM SEEKER MENTAL HEALTH CONNECT

A joint response by QPASTT and WWG to the complex mental health needs of people seeking asylum. The program offers a dedicated team of cross cultural and trauma specialist mental health practitioners working together to provide a timely response to people seeking asylum with complex mental health needs, including sub-acute care needs and addiction and substance abuse issues. Funded by the Queensland Department of Health, the team will deliver services in outreach locations and via telehealth to provide state-wide access.

Background

QPASTT and WWG are members of the ASRA (asylum seeker and refugee assistance) consortium responsible for delivery of health and mental health services to people seeking asylum. ASRA, funded by the Queensland Government, is led by Communitify in partnership with the Australian Red Cross, Multicultural Australia, Refugee and Immigration Legal Service, QPASTT and WWG, all responsible for the delivery of different aspects of the program. The ASRA program supports all people seeking asylum on any visa (TPV, SHEV or final departure bridging visa) or no visa, regardless of whether they arrived by boat or plane. This includes those released from detention, community detention or APODs (alternative place of detention).

Referral and services provided

QPASTT is the first point of contact to assess and respond to the needs of people seeking asylum requiring mental health and well-being focused support. This includes:

- Psychosocial assessment to assess need
- Four to six sessions to help manage trauma related symptoms and emotional distress, build coping and problem-solving skills and develop connections to social supports and other services. Those requiring further specialist trauma-related support will be referred to other QPASTT programs.
- Referral of those with addiction, substance abuse or sub-acute care needs who require more intensive support to WWG for case management by specialist nurses.

For those people requiring immediate practical support, such as emergency relief, housing and employment, it is advised that direct referral is made to the relevant service.

To refer see: <https://qpastt.org.au/make-a-referral/>

Email: referral@qpastt.org.au

Phone: (07) 3391 6677

